

MK Baseball Training

Ages- Rally Cap & Mosquito (2003-2006)

Pee Wee (2000-2001)

Bantam (1998-1999)

Midget (1995-1997)

The MK baseball training objective:

To develop and grow young players through the sport of baseball

Head Instructor: Matt Kosteniuk (far left attending Muzino camp with prospect Jeremy Sylvester, Boston Red Sox coach Brian Butterfield, Tanner Spencer and Payton Hillsdon)



The MK baseball camp will provide instruction on baseball fundamentals, defensive strategies, hitting, pitching, the mental side of baseball and conditioning. Coach Matt will give each player individual attention, outstanding mentorship and skills training. The camp atmosphere is fun, spirited and professional. Players are developed through positive reinforcement and rewarding, enjoyable experiences.

There will be 3 camps run throughout the fall/winter for each age group. 8 one hour sessions for each camp.

Camp 1 November 1st to December 29th.

Camp 2 January 5th to February 27th

Camp 3 March 3rd to April 29th

Individual and group lessons are available upon request

Location: Saskatoon Field House

Cost: \$200 per player with a limited amount of spots available per camp

Contact: Matt Kosteniuk at 380-5621 or matt_kost21@hotmail.com

Time Slots for Camp 1

Rally Cap and Mosquito- November 3, 10, 17, 24 and December 8, 15, 22, 29 all dates start at Noon.

Pee Wee- November 3, 10, 17, 24 and December 8, 15, 22, 29 all dates start at 1pm

Bantam- November 1, 8, 15, 22, 29 and December 4, 11, 18 all dates in November start at 7pm and December dates start at 8pm.

Midget- November 1, 8, 15, 22, 29 and December 4, 11, 18 all dates in November start at 8pm and December dates start at 9pm.

Time Slots for Camp 2 & 3

TBD